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Assessment Fee & Insurance Guide

Overview of the Process:

- Intake appointments are to review history and background related to the referral question and to determine which assessments are appropriate. The information will be gathered from multiple sources, including client interviews, record reviews, and collateral contacts. We will request that you sign a Release of Information form for collateral communications, including but not limited to current/previous treatment providers, teachers, school-related service providers, school administrators, and any other individual/organization as appropriate.
- Testing may be completed over the course of 1-3 sessions and may include verbal interviews, written responses, independent assessments, and self-report measures. Parent(s)/guardians will be asked to complete written inventories in addition to the minor's testing.
- A feedback session (if appropriate) will be scheduled within 30 days of the final testing session. The evaluator will review the results and recommendations with the client or guardian(s).
- Written reports will only be released if the client balance has been paid in full.

Testing Billed to Client/ Responsible Party:

- Clients are responsible for the full-service fee as outlined on the Psychological Testing Fee Schedule.
- Intake appointments are \$175 and are conducted virtually via our telehealth client portal.
- Clients are required to pay \$300 to confirm the booking which will be applied toward the total testing fee.
- Written reports and/or final results review sessions will not be scheduled until the client balance is paid in full.

Additional Services:

- There may be instances when additional testing is warranted/recommended on the results of the initial evaluation. There may be additional charges associated with the additional testing. This will be discussed with the client, and if agreed upon, will be billed at \$180 an hour.
- There may be times when additional record review (beyond the first hour) or collateral contacts (beyond what is standard) is required. If additional time is requested by the

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client for reviewing extensive documents or coordinating with multiple collateral contacts, this additional time will be billed at \$180 an hour.

Attention Deficit Hyper-Activity Disorder (ADHD) Evaluation:

A comprehensive evaluation for ADHD that includes cognitive/IQ testing, clinical interviews, record reviews, and observer-report forms (e.g., parent, teacher, caregiver). Includes treatment and educational recommendations for the management of symptoms.

Age Range: 6+

Tests:

- Intelligence/Cognitive
- Attention/Executive Functioning
- Client interview and self-report forms
- Parent, teacher, and/or caregiver report forms

Time:

- 30-minute parent interview (for child) and client interview (age dependent)
- 1-2 hours of testing with the client (over 2 separate appointments)
- Up to 1 hour of record review/collateral contacts (or more as needed)
- 1-hour feedback session

Cost:

- \$1150 (additional fees apply if more time is needed)
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Autism Spectrum Disorder (ASD) Evaluation:

A comprehensive evaluation for ASD includes cognitive/IQ testing, adaptive behavior measures, academic achievement, clinical interviews, record reviews, and observer-report forms (e.g., parent, teacher, caregiver). Includes treatment and educational recommendations for the management of symptoms.

Age Range: 6+

Tests:

- Intelligence/Cognitive
- Adaptive Behavior Measure
- Academic Achievement
- Behavioral Observation
- Client interview and self-report forms (as appropriate)
- Parent, teacher, and/or caregiver report forms

Time:

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- 1-hour parent interview (for child) and client interview (age dependent)
- 3-4 hours of testing with the client (over 2 separate appointments)
- Up to 1 hour of record review/collateral contacts (or more as needed)
- 1-hour feedback session

Cost:

- \$2000 (additional fees apply if more time is needed)
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Early Childhood/Developmental Delay Evaluation:

A comprehensive assessment of an early childhood evaluation is an attempt to assess various aspects of the client's functioning including areas such as cognition, communication, behavior, social interaction, motor and sensory abilities, and adaptive skills. Specifically, in this instance, cognition, behavior, and adaptive skills will consist of the evaluation as it relates to psychology.

Age Range: 2 years - 8 years

Tests:

- Intelligence/Cognitive
- Parent, teacher, and caregiver adaptive rating scales
- Parent, teacher, and caregiver behavior rating scales

Time:

- 45-minute parent interview
- 2-3 hours of testing with a client (over 2 separate appointments as needed)
- Up to 1 hour of record review/collateral contacts (more as needed)
- 1-hour feedback session

Cost:

- \$950 (additional fees apply if more time is needed)
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Full Comprehensive Psychoeducational Evaluation:

A comprehensive assessment of cognitive, educational, and social-emotional factors that affect educational and academic performance. It includes a full IQ assessment and comprehensive academic achievement testing to assess Individuals with Disabilities Education Act (IDEA) categories. Information is gathered on the individual's social, medical, educational, mental health, and family history to rule out any contributing factors. Includes interviews with parents, teacher(s), and other providers as applicable.

Age Range: 6+

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Tests:

- Intelligence/Cognitive
- Full Achievement (e.g., reading, writing, math)
- Client interview and self-report (as applicable)
- Parent and teacher(s) report forms

Time:

- 1-hour parent interview
- 4-6 hours of testing with a client (over 2 separate appointments if needed)
- Up to 1 hour of record review/collateral contacts (or more as needed)
- 1-hour feedback session

Cost:

- \$1800 (additional fees apply if more time is needed)
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Full Comprehensive Psychological Evaluation:

A comprehensive assessment of cognitive, social-emotional, personality, and environmental factors that can help explain an individual's emotional state, behaviors, and functioning. The evaluation can help clarify diagnoses and make specific educational and treatment recommendations for support and other identified areas of concern. It does not include an assessment of autism.

Age Range: 6+**Tests:**

- Intelligence/Cognitive
- Adaptive Behavior Measure (parent, teacher)
- Behavioral rating scales (parent, teacher, student as applicable)
- Student, parent, and teacher interview

Time:

- 1-hour parent or client interview
- 2-3 hours of testing with the client (over 2 separate appointments)
- Up to 1 hour of record review/collateral contacts (or more as needed)
- 1-hour feedback session

Cost:

- \$1500 (additional fees apply if more time is needed)
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Gifted and/or Private School Admissions Evaluation:

Does your child display exceptional abilities intellectually, academically, creatively, artistically, and in leadership? You may want to consider gifted testing. A straightforward assessment of an intelligence assessment of cognitive abilities includes IQ scores and a breakdown of verbal comprehension, non-verbal/perceptual reasoning, and possibly fluid reasoning, working memory, and processing speed. Often used for admission to private schools or to identify intellectual disabilities.

Age Range: 6+**Tests:**

- Intelligence/Cognitive

Time:

- 30-minute parent interview
- 1.5-2 hours of testing with a client (over 2 separate appointments if needed)
- Up to 1 hour of record review/collateral contacts (or more as needed)
- 30-minute feedback session

Cost:

- \$700 (additional fees apply if more time is needed)
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Intellectual Disabilities Evaluation:

A comprehensive assessment of cognitive and adaptive behavior measures. The adaptive measures look further into an individual's independent functioning regarding socialization, communication, daily living, and motor skills. The evaluation can help clarify diagnoses and make specific educational and treatment recommendations for support and other identified areas of concern. It does not include an assessment of autism.

Age Range: 6+**Tests:**

- Intelligence/Cognitive
- Adaptive Behavior Measure (parent, teacher)

Time:

- 30-minute parent or client interview
- 1-2 hours of testing with the client (over 2 separate appointments)
- Up to 1 hour of record review/collateral contacts (or more as needed)
- 1-hour feedback session

Cost:

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- \$1200 (additional fees apply if more time is needed)
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Specific Learning Disability Evaluation:

A straightforward assessment of academic achievement level (specific area e.g., reading, math), often used for admission to specific programs for students suspected of having a specific learning disability. Results are presented in comparison to other same-age and same-grade level peers regarding academic achievement levels in reading, mathematics, writing, and oral language (if warranted).

Age Range: 6+

Tests:

- Academic Achievement (specific and targeted area)

Time:

- 3-minute parent interview
- 1-2 hours of testing with a client (over 2 separate appointments if needed)
- Up to 1 hour of record review/collateral contacts (or more as needed)
- Multi-Tiered Systems of Supports Data Review (Data provided by the school)
- 1-hour feedback session

Cost:

- \$1300 (additional fees apply if more time is needed)
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At Better Together Psychological Services we are considered an "**out-of-network provider.**" If you have a PPO plan, you might be able to get reimbursed for the cost of services at a percentage.

If you'd like to use your insurance, we recommend asking them the following:

- What is my out-of-network deductible for outpatient mental health visits and assessments/evaluations?
- How much of my deductible has been met this year?
- What is my out-of-network co-insurance for outpatient mental health visits and assessments/evaluations (e.g., what percentage is reimbursed)?
- CPT codes: 90971, 90834, 96131, 96163, 96137
- How do I submit claims for out-of-network reimbursement?
- Is there a session limit for outpatient mental health visits?

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